

# Summer Novice Swim Program

*sponsored by the*  
***BUENAVENTURA SWIM CLUB***

The Buenaventura Swim Club,  
at the Ventura Aquatics Center, will be offering  
**an introduction to club swimming**  
for boys and girls, ages 5-12.

This is the chance for your swimmer to be introduced to correct stroke development  
by our top quality USA Swimming Certified Coaches, while having  
fun using our premiere aquatics center facility!



**7 Week Program:**



**Tuesdays & Thursdays**  
**June 21<sup>th</sup> – August 4<sup>th</sup>**

**3:30pm-4:00pm:** “Dryland” stretching and games

**4:00pm-5:00pm:** In-water instruction

(No class June 23<sup>rd</sup> due to swim meet)

**\$100.00 for the summer (Includes USA Swimming Registration)**

Please register at the following website to reserve your spot ASAP!

**<http://bit.ly/buena2011>** *\*case sensitive!*

Evaluations will be performed during the first session.

For information on the Summer Novice Program, contact Coach Matt at:

**[matt@surflife.ca](mailto:matt@surflife.ca)**

For general questions about the team, please contact:

**(805) 650-0400 or visit [www.buenaventuraswimclub.org](http://www.buenaventuraswimclub.org)**